

2011 CAIR AWARDS

CAIR is pleased to announce the winners of the 2011 CAIR Awards. The Awards presentation will take place at the CAIR Board of Directors' dinner on Saturday, February 11, 2012.

► The 2011 recipient of the Dr. Derek Puddester CAIR Resident Well-Being Award is **Dr. Steve Beerman**, Nanaimo Site Director for the UBC Faculty of Medicine, Postgraduate Family Medicine Residency Program.

► The 2011 recipient of the Dr. Joseph Mikhael Medical Education Award is **Dr. Lara Cooke**, Assistant Professor, Department of Clinical Neurosciences at the University of Calgary.

► The 2011 Recipient of the Lois Ross CAIR Service to Residents Award is **Ms. Carmen Frese**, Post-graduate Program Co-ordinator for the University of Calgary Family Medicine Residency Program.

Click on the winners' names to find out more about them and the awards they are receiving. Congratulations to the winners, and thank you to all who submitted nominations.

2012 CAIR NATIONAL RESIDENT SURVEY

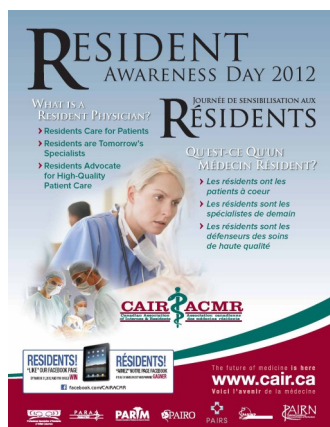
Nanos Research has been retained by CAIR to conduct a national resident survey on key national issues impacting residents, post-graduate medical education and training in Canada.

The survey will be distributed to CAIR members across Canada in the spring of 2012. Your participation is important, as the survey results will support CAIR's policy development and advocacy efforts in areas such as health human resource planning, quality medical education, the Health Accord, resident duty hours etc.

The final report is scheduled for release at the CAIR Annual General Meeting in Saskatoon in June.

FEBRUARY 21 IS THE 11TH ANNUAL NATIONAL RESIDENT AWARENESS DAY

The theme for the 2012 poster is "What is a Resident Physician?" See how many are posted in your hospitals.



TIPS Transition Into Practice Service

Are you looking for a job post-residency? CAIR has launched this free pilot program designed to help find the right position for you, anywhere in Canada. Whether you are a first or last year resident, it's never too early to start planning your future.

Find out more about TiPS and register online [here](#). Or, you can contact the TiPS Program Manager, Bryan MacLean, at TiPS@cair.ca.

Scotiabank is a proud sponsor of TiPS. TiPS and Scotiabank understand your changing financial needs from arranging your mortgage to setting up your practice banking in your new community. Click [here](#) to find out more about the services Scotiabank can offer you.

Scotia Professional Plan



RESIDENT DUTY HOURS

Providing patient care in a safe and ethical manner is intrinsic to professionalism, one of the core values of the medical profession. Therefore, CAIR is fully supportive of regional, provincial, and national efforts to manage resident duty hours in a manner that ensures patient safety, protects the safety and well-being of residents, and provides an optimal educational experience for Canada's residents. CAIR's paper, *Canadian Patient and Physician Safety and Well-Being: Resident Duty Hours*, will be available mid-February.

GLOBAL HEALTH

► CAIR's *Guidelines for Resident Physician Participation in Global Health Elective Placements* has been adopted. This document identifies overarching principles to serve as guidelines for residents and post-graduate medical education programs involved in Global Health electives. The statement is available here: <http://www.cair.ca/en/library/documents.php?s=85>.

► *Global Health in Postgraduate Medical Education: Results of a National Survey and a Literature Review* will be presented as an oral presentation at the 2012 Canadian Conference on Medical Education. The results of the CAIR research shows that global health in PGME is highly valued by residents but there are barriers to these initiatives, including sustainable funding, pre-departure training, and academic support. CAIR recommends increasing the support for global health training opportunities for residents.

Win an iPad 2!
Find out how on page 2



“LIKE” CAIR ON FACEBOOK AND YOU COULD WIN AN IPAD2

Go to facebook.com/CAIRACMR any time between February 1 and March 31 2012, click on the “Like” button, and you’ll be entered into a random draw to win one of these prizes:

Apple iPad 2 16GB (\$520 value)

PEPID Subscription (\$250 value)

Portable Pulse Oximeter (\$100 value)

Rules:

The contest runs from 0001hrs Wednesday February 1 to 2359hrs Saturday March 31 2012. All times are in Eastern Standard Time.

Entrants must be members of CAIR to be eligible to win prizes. CAIR Employees, Board Members, Committee Members, and the relatives of the aforementioned are not eligible to win any CAIR contests.

Winners must provide CAIR with their phone number, mailing address, email address, year, university, and specialty. Prizes will not be shipped to the winners until their status as a member of CAIR is confirmed by the CAIR Office.

Winners must agree to have their name and/or image released upon winning a prize.

INTERNATIONAL JUNIOR DOCTORS NETWORK AT THE WMA

The WMA Junior Doctors’ Network (JDN) is the world’s first international body of junior doctors under the auspices of the World Medical Association. The current priorities of the JDN have been identified as:

1) Working hours and implications for physician and patient safety and well-being (Lead, Australia)

2) Global assessment of Post-Graduate Medical Education (Lead, Canada)

3) Training in Global Health and its Ethical implication, with a focus on indigenous health (Lead , Canada and Australia)

CAIR members have taken a leading role in pioneering this initiative.

HEALTH ACCORD

The First Ministers’ Accord on Health Care Renewal will expire in 2014. Residents must have a voice in shaping health care priorities and future directions as the federal, provincial and territorial governments meet to define a new Canada Health Transfer mechanism. CAIR will be consulting with residents to gather views on priority issues in preparation for this national health accord debate. High quality, patient-centred and timely health care delivery will be a cornerstone of these discussions.

PROFESSIONALISM

CAIR has updated its position paper on professionalism to reflect the value of a working definition of professionalism for residents. For the trainee or resident, professionalism fosters habits of self-reflection and self-remediation. For the program it establishes standards of competence for trainees at different levels. For the institution it expresses institutional values and ensure that its employees meet these values. Lastly, for the public, an articulated definition of professionalism certifies competence and safety of graduates. The revised position paper will be available on the CAIR website this spring.

OUTREACH

This winter and spring, CAIR is engaging its future members through lunchtime presentations at medical schools across Canada. These sessions provide the opportunity for 4th year medical students to meet with CAIR Board Members to learn more about life as a resident and how to become involved.



NEW BENEFIT FOR CAIR MEMBERS

Save 50% on PEPID During February

CAIR has teamed up with PEPID to offer CAIR members a \$127 discount on **PEPID Emergency Medicine, Primary Care and Clinical Rotation Suites** during the month of February – a 50% savings. CAIR members will also receive an everyday discount of \$50.

[Click here](#) to take advantage of your CAIR discount.

MARK YOUR CALENDARS!

➤ Spring 2012 **Certification Examination in Family Medicine** application deadline: February 1 2012

➤ Spring 2012 **Royal College exams** registration deadline: February 1 2012

➤ **Spring 2012 MCCQE Part II** application deadline: February 8 2012

➤ **CFPC/Royal College Full Accreditation Survey**, Dalhousie February 12-17 2012

➤ **Canadian Conference on Physician Leadership**, Ottawa, April 13-14 2012

➤ **Canadian Conference on Medical Education**, Banff, April 14-18 2012

COMING SOON TO WWW.CAIR.CA

➤ New entries in our **Learning from the Masters** and **Resident Spotlights** series.

➤ CAIR’s inaugural blogging contest

➤ A new look for CAIR Update

And much more