

Volunteers welcome!

Working with CAIR allows you to actively participate in discussions and decisions on issues concerning residents' medical education, professionalism and wellbeing.

CAIR seeks residents to serve as:

- **A Member of one of CAIR's Management Committees:**
Advocacy and Policy, Awards, Education & Professionalism, Member Outreach.
(Download CAIR's Information Package [here.](#))
- **As a CAIR liaison representative on one of many national stakeholder committees;**
(Download CAIR's Liaison Positions Guide [here.](#))

Deadline for applications is September 15, 2009!

2009 CAIR Awards

Nominations for the following awards are being accepted until **September 15, 2009:**

- **Dr. Derek Puddester CAIR Award for Resident Well-Being**
(honouring those who, with enthusiasm, passion, and proficiency, have contributed to improving resident well-being in Canada.)
- **Dr. Joseph Mikhael CAIR Award for Medical Education**
(honouring those who, with enthusiasm, passion, and proficiency have contributed to improving undergraduate and postgraduate medical education in Canada.)
- **The Lois Ross CAIR Award for Service to Residents**
(recognizing outstanding contributions to the advancement of resident life in Canada)

The full Call for Nominations, including submission guidelines can be downloaded [here.](#)

Coming soon!

This September, CAIR's website, www.cair.ca, will be relaunched with a new design and new features, including an eLibrary, photo galleries, and the Residents' Lounge. We look forward to your feedback! Official invitations to the Launch will be sent out soon.

R4 Internal Medicine Match

The R4 Internal Medicine Match has moved to a CaRMS-style match. Do you have questions or concerns about the new process? For immediate assistance, contact the **CaRMS Help Desk** at **613-237-0075** or toll free at **1-877-227-6742** or e-mail help@carms.ca.

CAIR is working closely with CaRMS to ensure a smooth application process. Send your questions, concerns, and feedback to cair@cair.ca, and we will bring them forward to the Implementation Committee.

2009 Family Medicine Forum

Attention all residents and medical students! The 2009 Family Medicine Forum will be held **October 29-31, 2009** at the Telus Convention Centre in Calgary, Alberta.

As part of the Family Medicine Forum, CAIR will host a two-part session (**#1042**) on **October 29, 2009 from 1330hrs to 1700hrs.**

Session I— Exploring Opportunities for tomorrow's medical leaders

With special guests:

- **Dr. Ruth Wilson**, former president of the CFPC and current chair of the Canadian Medical Forum
- **Dr. Dana Hanson**, president of the World Medical Association
- **Col (Dr.) Carl Walker**, Chief of the Air Staff Surgeon and former Commanding Officer of Role 2+ Canadian Field Hospital in Kabul, Afghanistan, Canadian Forces.

Session II—Exploring the future of PGME in Canada

Also, make sure to stop by CAIR's booth in the exhibition hall for more information about CAIR and the chance to enter a draw for a fabulous prize!

Register for FMF [here.](#)

Conferences

The Royal College of Physicians and Surgeons holds its **International Conference on Residency Education** in Victoria, BC on **September 24-26, 2009**. Dr. Roona Sinha, CAIR's President, will be making a poster presentation on "Train-the-Trainer: Addressing the Shortage of Resident Accreditors in Canada", highlighting CAIR's February 2009 Train-the-Trainer session led by Marg Kennedy of the RCPSC, Dr. Sinha, and Cheryl Pellerin, Executive Director of CAIR. Registration for the ICRE includes the **3rd National Resident Leadership Workshop** on September 24, 2009. Further details, including how to register are available [here](#).

The inaugural **Canadian Conference on Physician Health**, will be held **15-16 October 2009, in Vancouver, BC**. This new biennial event will bring together colleagues from across the country to share knowledge, insights and experiences on building resilient medical communities. Registration can be completed online [here](#) or via fax at **613-731-8047**.

Regional Highlights

Alberta: The 2009/2010 PARA Executive Retreat was held in June, where four strategic goals were developed:

- PARA will negotiate a superior working contract for resident physicians.
- PARA will build and excel at legacy transfer such that the organization's corporate memory is protected.
- PARA will work to improve the wellness of its members
- PARA will build the quality and reputation of the PARA brand with members, stakeholders, and the general public.

The Maritimes: (PARI-MP) Dalhousie University has added a new training site on Prince Edward Island. For the first time five Family Medicine residents will be based in Charlottetown, PEI. This makes six sites outside of Halifax: Sydney, NS; Moncton, Fredericton, and Saint John, NB; and Charlottetown, PEI.

British Columbia: Preparations are well underway for PAR-BC's upcoming negotiations. PAR-BC has also been working with the College of Physicians and Surgeons of BC on changes to licensure, necessary as a result of the recent first minister's agreement on internal trade and labour mobility.

Ontario: On July 1st the new home after handover post-call rules came into effect. PAIRO has been extremely pleased with the effort of services and

programs making necessary adjustments for a successful implementation.

A lucky group of inspired and enthusiastic PAIRO members have been chosen to participate as part of an OMA/PAIRO team to help carry the Olympic Torch when it comes to Orangeville, Ontario in December.

Saskatchewan: PAIRS is busy collecting Pre-Accreditation Survey Questionnaires from members in advance of the upcoming RCPSC and CFPC Accreditation visits at the U of Saskatchewan on October 4-9, 2009.

CAIR and PAIRS will be holding an Accreditation workshop for Saskatchewan residents on September 18th, 2009. To register, email cair@cair.ca or pairs.sk@usask.ca.

Effective July 1, 2009, Dr. Anurag Saxena is the new Associate Dean at the University of Saskatchewan. PAIRS has had brief meetings with Dr. Saxena who has indicated he would like to change the vision of the Postgraduate Office and make it a more resident friendly environment. During his short time in office, Dr. Saxena has been very supportive of both PAIRS and residents.

Manitoba: PARIM held a New Resident and Family Welcome Barbeque at the Norwood Community Centre in Winnipeg on July 11, 2009.

Newfoundland & Labrador: PAIRN held its AGM on August 11, 2009. Dr. Steve Tilley was elected PAIRN president for 2009-2010.

CMA Young Leaders' Award

Dr. Devesh Varma, past president of CAIR, is this year's resident recipient of the 2009 CMA Award for Young Leaders. Dr. Varma was a member of CAIR's Board of Directors from 2005 until 2008, serving as president in 2007, and leading CAIR's governance review and strategic planning process that culminated in a new board structure, bylaws, and strategic direction. Dr. Varma received his award at the recent CMA General Council meeting in Saskatoon. Congratulations!

CAIR ANNUAL GENERAL MEETING

Saturday, October 17, 2009

09:00-10:30 AM

The O'Connor Room, Sheraton Ottawa Hotel

All CAIR Members welcome!

For details, contact the CAIR Office at cair@cair.ca