

CAIR's 2011 AGM

The 2011 Annual General Meeting takes place **Saturday, June 18, 2011** in Salon EF of the Delta St. John's Hotel & Conference Centre in St. John's, Newfoundland from 13:00 – 13:30. All CAIR members are welcome to attend!

For more information, contact the CAIR Office at cair@cair.ca.

NEW AT CAIR.CA

CAIR has rearranged things on **our website** to make resources and information easier to find. New features include:

► **Welcome videos**—Take a virtual tour of the website with members of the 2010-2011 CAIR Board of Directors in English or French.

► **Hot Topics**—Find out the latest details about issues concerning your training.

► **CAIR's Field Guide to Residency**—Looking for wellbeing or intimidation and harassment prevention resources? You'll find them in the Field Guide.

► **CAIR Awards**—We've dedicated a page to our Awards Program. See descriptions of the Awards and lists of past winners.

More features will be introduced in the coming months. As always, we appreciate your feedback, so please forward your suggestions to the CAIR Office at cair@cair.ca.

Also, you can find out the latest information from CAIR by subscribing to:

► **RSS Feeds**—Both our **News & Releases** page and our **Hot Topics** page now have the RSS Feed feature installed.

► **Twitter**—Follow us @ResidentsCAIR.

CAIR IS NOW SEEKING VOLUNTEERS FOR 2011-2012

For information about the Canadian Association of Internes and Residents (CAIR), its work and how to become involved as a Board Member, a Committee Member, a Liaison Representative, or a Resident Surveyor see *Volunteering with CAIR*.

For details about specific liaison positions see the *2011-2012 Liaison Positions Guide*.

Applications must include a copy of your CV and a completed *Volunteer Form*.

All of these documents can be downloaded [here](#).

The deadline for applications is noon, Tuesday, May 24, 2011.

2011 CAIR RESIDENT SURVEY COMING SOON!

Over the next month, CAIR will be surveying residents nationally to document trainee perspectives on a variety of topics pertaining to education, wellness, and career planning. CAIR hopes to identify the key academic and personal needs for residents in Distributed Medical Education sites. Residents will also be surveyed on their work hours, safety considerations, factors impacting on their well being, and challenges being faced in pursuing career opportunities.

This initiative will inform CAIR's policy priorities over the coming years as well as allow us to advocate in an evidence-based manner for resident interests at the national level.

One participant will be randomly selected to win a prize of a MacBook Pro laptop.

Survey responses will be anonymised and kept strictly confidential and only aggregate-level data will be reported from this research.

NOTICE TO PEDIATRIC AND INTERNAL MEDICINE RESIDENTS

The Royal College has released an official communication on the written before oral pilot changes to the timing of the Internal Medicine and Pediatrics certification exams. **The pilot will proceed as currently planned with the written fall examination delivered in 2012 and the spring oral examinations in 2013 for that year.**

CAIR will develop a survey to gather the views of residents who are undertaking the exam under the standard model this year and then again next year when the pilot is implemented. We will also continue to engage in discussions with the Royal College as the pilot proceeds and be closely involved in the evaluation phase of the project.

For further details about CAIR's position and actions on this issue, please visit the **Hot Topics** section of the CAIR website. We welcome your questions or comments on this pilot, please send them to cair@cair.ca.

FIRST GLOBAL BODY OF JUNIOR DOCTORS FORMED

The world's first international body of junior doctors has moved a step closer with the approval by the World Medical Association Council to proceed towards setting up a junior doctors' network. Membership will be for registered physicians in their early postgraduate years who are yet to complete their specialist training.

The World Medical Association is the independent confederation of national medical associations from 97 countries and represents more than nine million physicians. Acting on behalf of patients and physicians, the WMA endeavours to achieve the highest possible standards of medical care, ethics, education and people.

CAIR Advocacy and Policy Committee members Drs Adam Kaufman and Jean-Marc Bourque and CAIR's Policy & Advocacy Manager Pankaj Shrichand have been actively involved in planning this initiative.

You can view the full press release here. For further information please visit www.wma.net or email Nigel Duncan, WMA Public Relations Consultant, [here](#).

NATIONAL RESIDENT WELLBEING DAY

May 26th is Resident Wellbeing Day, emphasizing the importance of resident physicians leading healthy, well-balanced lives. Developing healthy habits early in training is key to your long-term success as a doctor. Factsheets on wellbeing issues can be found in [CAIR's Field Guide to Residency](#). Another useful resource is ePhysicianHealth.com, an online learning centre with modules designed specifically for residents.

REMINDER TO REGISTER FOR CERTIFICATION EXAMS

Royal College Fall Subspecialties: The assessment deadline is **August 31**, one year before you wish to take the examination; the examination registration deadline is **May 15** of the year you write the examination. For further information on this process or to register please click [here](#).

Family Medicine:

Residents wishing to sit the exam in the Fall of 2011 (October 20-23) must submit their registration application no later than **June 30**. For further information or to register, click [here](#).

WHAT'S HAPPENING ACROSS CANADA?

Newfoundland & Labrador:

The PAIRN Board of Directors is pleased to report that, after more than 20 months of negotiations, a new contract with Government has been signed. Highlights include Atlantic parity on salary; Post-call provisions for residents working in-hospital call;

Parental leave with a service credit for salary purposes.

The Maritimes:

PARI-MP will begin negotiations this month and will be shortly be holding a Board Strategic Planning session to discuss and plan for the future. PARI-MP recently hosted another successful All Specialties Maritime-wide Job Fair for residents to see what jobs are available in the region. The District Health Authorities were happy to have direct contact with the residents to showcase their regions.

Ontario:

Over the past several months PAIRO has working with the Ontario Ministry of Health to incorporate changes to it's Resident Loan Interest Relief Program (RLIRP) for MOH-funded residents training in Ontario. PAIRO has been successful in obtaining all requested changes including: language clarifying that any community in Ontario will qualify for required 5 years of practice in Ontario after training; better definition for full-time work; provisions for out-of-province subspecialty training; provisions for clinical fellowships; a longer allowable period to do locums at end of training; inclusion of parental leave language after training.

Saskatchewan:

After 28 months since the expiration of the previous contract, PAIRS has ratified a new collective bargaining agreement with the University of Saskatchewan with the financial mandate coming directly from the Saskatchewan Ministry of Health. Highlights include an increase in salaries, on-call stipends, retroactive pay and an improved system of due process in dealing with grievances.. The negotiations team fought very hard to improve the financial package and to secure retroactive pay.

Alberta:

Accreditation of the University of Alberta was quickly followed by the Arbitration Hearing for the 2010 Collective Agreement. The Arbitration Award is pending and details

will be released as soon as the Collective Agreement has been finalized. PARA is now gearing up to celebrate Resident Physician Well-being Day in May with the surrounding week dedicated to resident physician appreciation and wellness events. Also upcoming is an evening with Dr. Louis Francescutti, President of the Royal College of Physicians and Surgeons of Canada (RCPC), to discuss medical education and leadership in medicine.

British Columbia:

PAR-BC is currently working with tax lawyers to achieve a technical interpretation from the CRA with regard to educational tax credits for residents; if favorable, this decision will provide instruction to UBC to change the way residents are classified for educational tax credits. In March and April PAR-BC continued bargaining and presented a comprehensive proposal to HEABC, which they analyzed. Bargaining will resume in early May.

The May issue of PAR-BC's *Pulse* focuses on sleep and burnout, including pieces on clinical empathy and its effects on burnout, assessing your sleep patterns, a questionnaire, and a write-up on Resident Awareness Day festivities.

Dr. Syed Morad Hameed was awarded the Residents' Advocate Award; Dr. Phillip Teal received the Dr. Patricia Clugston Memorial Award for Excellence in Teaching; and Dr. Alex Anawati was given the Award of Merit.



Yellow census packages will be delivered to every dwelling in Canada in May, providing information needed to complete the census online or on paper. Census information is important for all communities and is vital for planning services such as schools, daycare, police services and fire protection. For more information about the 2011 Census, visit www.census2011.gc.ca.