

July 2011

## WELCOME, NEW RESIDENTS!

Did you receive your CAIR call bag containing information about CAIR? We encourage you all to visit our website, [www.cair.ca](http://www.cair.ca), where you'll find news about important resident issues and resources that will help during residency.

## 2011 CAIR AGM / BOARD MEETING

The 2010-2011 CAIR Board met in St. John's on June 18. The Board reviewed CAIR's activities and accomplishments from the past year. Later in the day, the 2011 AGM affirmed the slate of Board of Directors and bestowed Honorary Life Membership on Dr. Noor Amin, CAIR's outgoing Past President.

The 2011-2012 CAIR Board of Directors is:

### Executive

**President:** Dr. Adam Kaufman

**Vice-President:** Dr. Gillian Shiau

**Treasurer:** Dr. Stephen Tilley

**Secretary:** Dr. Jonathan DellaVedova

**Past President:** Dr. Sasha Ho Farris Nyirabu

**Executive Director:** Cheryl Pellerin

### Board Members

Dr. Vishal Bhella  
Chair, Education & Professionalism Committee

Dr Mathieu Dufour

Dr. Ruban Gnanakumar

Dr. John-Paul Harmon  
Chair, Advocacy & Policy Committee

Dr. Carla Holinaty

Dr. Mark Masterson  
Chair, Finance, Audit & risk Committee

Dr. Simon Moore  
Chair, Member Outreach Committee

Dr. David Ward

Dr. Markus Ziesmann

Please note that 4 additional Board Members will be added over the course of the summer.

This was the last Board Meeting for Dr. Roona Sinha and Dr. Leanne Tran who have both served on the CAIR Board for a number of years. The Board thanks them for their service, and looks forward to working with them on other endeavours that will benefit the members of CAIR.

An orientation for the new Board was held on June 19, facilitated by Dr. Deborah Danoff and Dr. Jerry Maniate. The session, and provided the Board with an opportunity to identify key issues for strategic planning, confirm board roles and responsibilities, and how CAIR activities are grounded in key leadership competencies.

The next Board Meeting will be held August 27-28, 2011.

## TIPS - A NEW SERVICE FOR RESIDENTS

Are you looking for a job when you finish residency but having difficulty finding all your employment options? CAIR is here to provide assistance and advice.

CAIR has recently launched the "Transition into Practice Service" (TiPS), a new pilot program designed to help find the right position for you — anywhere in Canada. Whether you are a first or last year resident, it's never too early to start planning your future. CAIR is **your** organization and we want to bridge the gap in recruitment-to-practice methods in Canada.

### HERE'S HOW TIPS WORKS

- To sign up for the service, contact the TiPS Program Manager, Bryan MacLean, at [TIPS@cair.ca](mailto:TIPS@cair.ca).
- The TiPS team will register your requirements, i.e., what you want in a practice, your preferred practice location, and any other family needs
- We contact recruiters across the country, on your behalf, to investigate what positions are available.
- If any of the options interest you, we will arrange for you to meet the recruiters and visit the communities.

TiPS is a free service for CAIR members. We encourage all residents to contact Bryan to prepare for what's next in your career.

TiPS Manager Bryan MacLean became a Physician Recruiter in 1999, when he was tasked with finding physicians and nurses to staff field hospitals and Sustainment Villages during the Kosovo Refugee Airlift. Bryan has worked as a physician recruiter on contract with the Canadian Forces; a business development manager and physician recruiter for a private staffing company; and as a recruitment advisor to the Professional Association of Residents in the Maritime Provinces (PARI-MP). Bryan is currently the Vice-Chair of the Canadian Association of Staff Physician Recruiters (CASPR).

Scotiabank is a proud sponsor of TiPS. TiPS and Scotiabank understand your changing financial needs from arranging your mortgage to setting up your practice banking in your new community. Contact Bryan and he'll connect you with a Scotiabank representative to help you.

Scotia Professional Plan



## 2011 CAIR RESIDENT SURVEY

We seek residents' feedback on issues related to training, work conditions, personal wellbeing, and career prospects. Survey findings will be used to advocate on behalf of residents across Canada to ensure that their educational, professional, and personal needs continue to be met.

An initial report is expected to be available in August-September 2011.

**Participants in this survey will have the chance to enter into a prize draw for a MacBook Pro laptop.**

## NEW: CAIR'S LEARNING FROM THE MASTERS SERIES NOW AT WWW.CAIR.CA

In this new feature, you'll find contributions from role models who have achieved those delicate balances of work, health and wellness.

Our first piece, **Ten Strategies For Staying Human During Residency**, comes from Dr. Allan Peterkin, author of *Staying Human During Residency Training: How to Survive and Thrive After Medical School*.

If you know a role model whose lifestyle we can benefit from, contact us at [cair@cair.ca](mailto:cair@cair.ca).

## CAIR WORKSHOP ON TRANSITIONS IN MEDICAL EDUCATION: PRACTICAL STRATEGIES OF COPING

**Saturday, September 24, 2011  
3:15pm-4:45pm**

International Conference on Residency Education  
Québec Convention Centre,  
Québec City

The transition from residency to a full-time clinical environment is perceived as an important change, particularly due to the increased responsibility that accompanies such a transition.

This workshop will inform discussions around the transition from medical

school to residency, residency to senior residency and from senior residency to full-time practice by providing the opportunity to participants to work through practical examples of challenges in making transitions.

The speakers are:

- **Dr. Jonathan DellaVedova**, past-president of the Canadian Federation of Medical Students and CAIR Secretary, on Medical School to Residency.
- **Dr. John Paul Harmon**, current Chair of CAIR's Advocacy and Policy Committee, on residency to senior residency.
- **Dr. Alim Pardhan**, a former CAIR Board Member now in practice at Hamilton Health Sciences, on transitioning from senior residency to full practice.

We encourage all residents to attend this informative session! You can register for the ICRE [here](#).

## CAIR GUEST BLOGS FOR THE ICRE

CAIR is now featured as a guest blogger on the Royal College's International Conference on Residency Education website. Our first post addresses "**How does global health education fit into residency programs?**"

We encourage all residents to read the post and provide their comments on this important topic. It can be viewed here: <http://icreblog.royalcollege.ca>

Additional posts on **Distributed Medical Education** and **Patient Safety** will be available soon.

## NOTICE TO PEDIATRIC AND INTERNAL MEDICINE RESIDENTS

The Royal College of Physicians and Surgeons of Canada has informed us that the pilot change to the timing of the written certification exam in Internal Medicine and Pediatrics which

was to be implemented in the Fall of 2012, is being placed on hold.

The 2013 exams will proceed in the traditional way with the both the written and oral examinations held in the spring of that year. Further deliberations will be held with CAIR and other stakeholders to determine a timing that is suitable to all concerned. CAIR will continue to keep all residents informed as these deliberations ensue.

CAIR distributed a brief questionnaire at the end of June to all fourth year Internal Medicine and Pediatric residents, who have just completed their exams. The results will inform our upcoming discussions with the Royal College.

If you have questions or comments about the Written before Oral pilot project, please do not hesitate to send them to us at [cair@cair.ca](mailto:cair@cair.ca)

## UPCOMING CONFERENCES

### ➤ 2011 CANADIAN CONFERENCE ON PHYSICIAN HEALTH

**October 28-29, 2011**  
Hilton Toronto Hotel  
145 Richmond Street West  
Toronto, Ontario

Join your colleagues from across the country to share knowledge, insights and experience in working towards this year's conference theme:

### Healthier Doctors <=> Healthier Communities

Registration is now open [here](#).

### ➤ 2011 FAMILY MEDICINE FORUM

**November 3-5, 2011**  
Palais des congrès de Montréal  
1001 Place Jean Paul Riopelle  
Montréal, Québec

Come for the great variety of CME offered, and for the opportunity to network with your colleagues and friends from across the country.

Registration opens July 11, 2011, [here](#).