

## ACKNOWLEDGE THAT SPECIAL INDIVIDUAL OR ORGANIZATION WHO HAS MADE AN IMPACT ON YOUR RESIDENCY!

### NOMINATE THEM FOR ONE OF THE FOLLOWING CAIR AWARDS:

- *Dr. Derek Puddester CAIR Award for Resident Well-Being*
- *Dr. Joseph Mikhael CAIR Award for Medical Education*
- *Lois Ross CAIR Award for Service to Residents*

Click [here](#) to download the Call for Nominations, including detailed criteria for each award.

Nominations may be submitted, accompanied by suitable documentation, by any member of the Canadian Association of Internes and Residents, provincial housestaff organizations, or organizations associated with CAIR.

**The deadline for nominations is December 1, 2011.**

Please send nominations to:

Chair, CAIR Awards Committee  
c/o CAIR  
412 – 151 Slater Street  
Ottawa, ON K1P 5H3  
[cair@cair.ca](mailto:cair@cair.ca)  
Fax: 613-234-5292

Nominations may be submitted electronically (e.g., fax or email).

Will it be your nominee who joins our previous CAIR Award winners?

Click [here](#) to see who we've honoured in the past.

## CAIR 2011 NATIONAL RESIDENT SURVEY



CAIR would like to thank all members who participated in the Survey and for your valuable feedback on Global Health, Distributed Medical Education, Duty Hours and Safety, Wellbeing and Career Planning. Your responses will help guide the work of CAIR in these areas. Reports on the results from each section of the Survey will be coming soon.

Dr. Adam Kaufman, 2011-2012 CAIR President (left), presents Dr. Ashavinder Lamba with her new MacBook Pro laptop. Dr. Lamba is a PGY2 Family Medicine at McMaster University, and was the winner in the draw held for all residents who participated in the 2011 National Resident Survey.

## IMPORTANT INFORMATION ON ROYAL COLLEGE CERTIFICATION EXAMS

### ► Obstetrics & Gynecology

The Royal College has announced that the **written component for the Obstetrics & Gynecology examination will be held on May 1-2, 2012, at the fourteen regional centres in Canada.** For the year 2013, the written component of the examination will be held during the first week of April (exact date to be determined by fall 2012).

Click [here](#) for details on the dates and sites of the examinations.

### ► Pediatrics

The Royal College has confirmed that **both the written and OSCE components of the Pediatrics examination will definitely be held in the regular spring examination session of 2013.** Further information and details regarding timing will be communicated before November 30, 2011 to all involved parties.

To view the full memos from the Royal College on these exams, click on [http://www.cair.ca/en/hot\\_topics/](http://www.cair.ca/en/hot_topics/)

## ACCREDITATION WORKSHOPS FOR RESIDENT SURVEYORS

### ► Dalhousie: November 14, 2011

Regency Ballroom, Lord Nelson Hotel Halifax  
0800hrs - 1200hrs  
Click [here](#) for full details and to register.

### ► University of Saskatchewan: November 21, 2011

William Pascoe Room, the Delta Bessborough, Saskatoon  
0800hrs - 1200hrs  
Click [here](#) for full details and to register.

**ICRE PRESENTATION SLIDES  
NOW AVAILABLE**

CAIR's workshop, **Transitions in Medical Education: Practical Strategies of Coping**, was held on September 24, 2011 at the International Conference on Residency Education in Quebec City,

The workshop helps to inform discussions around the transition from **medical school to residency** (Dr. Jonathan DellaVedova), **residency to senior residency** (Dr. John Paul Harmon) and from **senior residency to full-time practice** (Dr. Alim Pardhan) by providing the opportunity to participants to work through practical examples of challenges in making transitions.

The presentation slides are now available for download [here](#) on the CAIR website.



**ePhysicianHealth.com  
AN ONLINE HEALTH RESOURCE  
FOR RESIDENTS**

The CAIR's Field Guide to Residency section of our website contains a direct link to ePhysicianHealth.com, the world's first comprehensive, online physician health and wellness resource that helps practicing physicians, residents and medical students be resilient in their professional and personal lives.

To ensure that as many practicing physicians, residents and medical students as possible know that this resource is available to them, the Faculty of Medicine at the University of Ottawa and the Canadian Medical Foundation have created to create a promotional sub-site called <http://about.ephysicianhealth.com/>. A searchable site, it features a blog, video and is connected to Twitter and Facebook, thus allowing Google to find its content more easily, which in turn will help users find and access the main ePhysicianHealth.com site.



**CAIR MEETS THE WORLD IN  
URUGUAY**

Dr. Wonchat Subhachaturas, Immediate Past President of the World Medical Association President, (far right) and Dr. Jean-Marc Bourque (seated next Dr. Subhachaturas), CAIR representative, at the **inaugural meeting of the Junior Doctors Network of the WMA**, held in Montevideo, Uruguay on October 11th 2011. Also in attendance was Dr. Adam Kaufman, CAIR's 2011-2012 President.

CAIR has been instrumental in the creation of the Junior Doctors Network, a forum for experience-sharing, policy discussion and resource development on issues of interest to junior doctors, including global health, postgraduate training, safe working conditions, and physician migration.

**REACHING OUT TO CAIR'S  
FUTURE— 2011 CFMS AGM**

CAIR Vice-President Dr. Gillian Shiau and Board Member Dr. Matt Frey visited the 2011 CFMS AGM, held in Calgary in September. Dr. Shiau gave a presentation on CAIR and its work, and Dr. Frey interacted with attendees in the exhibit area.

**FAMILY MEDICINE RESIDENTS!**

If you're at the 2011 Family Medicine Forum, stop by **Booth 424** where you can:

- Meet our Board Members
- Have your voice heard by telling us what you love about Family Medicine

**TiPS** | Transition  
Into Practice  
Service

Are you looking for a job post-residency? CAIR has launched this free pilot program designed to help find the right position for you, anywhere in Canada. Whether you are a first or last year resident, it's never too early to start planning your future.

You can now register for TiPS online [here](#).

If you'd like more information about the program, contact the TiPS Program Manager, Bryan MacLean, at [TiPS@cair.ca](mailto:TiPS@cair.ca).

Scotiabank is a proud sponsor of TiPS. TiPS and Scotiabank understand your changing financial needs from arranging your mortgage to setting up your practice banking in your new community. Click [here](#) to find out more about the services Scotiabank can offer you.

**Scotia Professional Plan**



**NEW AT WWW.CAIR.CA**

➤ Entries in our **Learning from the Masters** series on **Writing and Submitting your Manuscript** and on **The Art of using Art to Create Balance**.

➤ **Resident Spotlights** featuring several CAIR Board Members.

➤ **Information** on conferences such as Harvard Medical School Continuing Education Department course on Physician Work Hours, Health and Patient Safety

➤ Calls for submissions, such as **White Coat, Warm Art 2012**

**CAIR IS NOW ON TWITTER AND FACEBOOK!**

Click on the links below to follow CAIR and receive the latest information as it's posted to our website!!

<http://www.facebook.com/#!/CAIRACMR>  
<http://twitter.com/#!/ResidentsCAIR>

